

Willabay[®]

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Nutritional info for Blackberry Hazelnut

Serving size: 1/2 cup (56g)

Calories: 218

Fat Calories: 54

Total Fat: 6 g

Sat Fat: 1g

Cholest 0 mg

Sodium: 0 mg

Total Carb: 37 g

Dietary Fiber: 5 g

Sugar: 16 g

Protein: 6 g

Vitamin A: 0 %

Vitamin C: 0 %

Calcium: 3 %

Iron: 12 %