

Willabay[®]

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Nutritional info for Tart Cherries

Serving size: 1/3 cup (40g)

Calories: 110

Fat Calories: 0

Total Fat: 0 g

Sat Fat: 0g

Cholest 0 mg

Sodium: 0 mg

Total Carb: 34 g

Dietary Fiber: 3 g

Sugar: 17 g

Protein: 0 g

Vitamin A: 10 %

Vitamin C: 0 %

Calcium: 2 %

Iron: 2 %